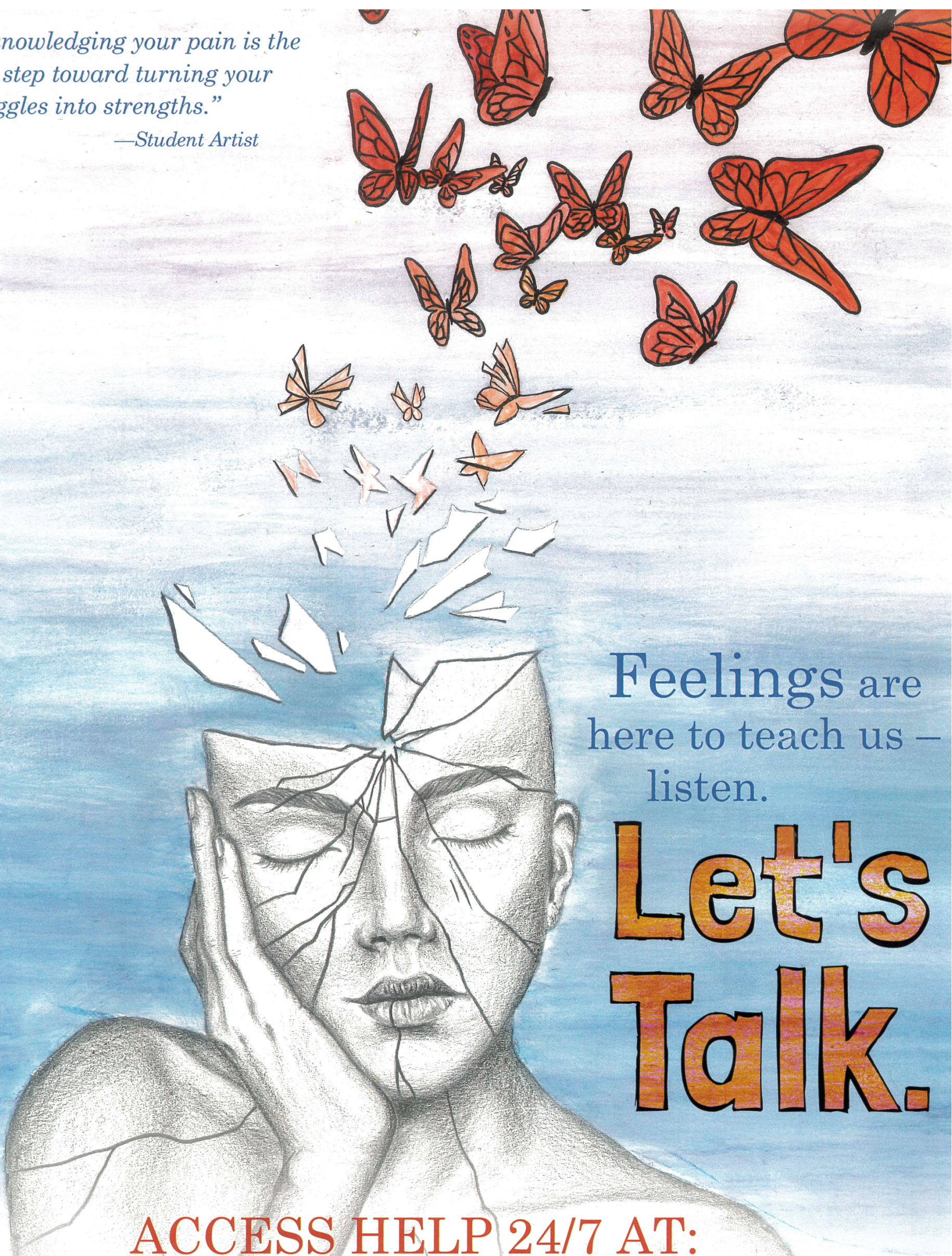


“Acknowledging your pain is the first step toward turning your struggles into strengths.”

—Student Artist



Feelings are here to teach us — listen.

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